

**Texas Department of Health
Bureau of Women's Health
Ambulatory Maternity Standards
November 2001**



The Texas Department of Health Ambulatory Maternity Standards emphasizes preconception care and ongoing antepartum risk assessment with the importance of client education and prevention.

We would like to thank the following people for their dedication and research in developing these Standards: Pat Collins, Debra Edwards, Mary Ethen, Shirley Ewing, Deborah Hardin, Janet Lawson, Barbara Lay, Chan McDermott, Margaret Mendez, Jamie Moore, Janet Rourke, Debra Seamans, Linda Steele, Bev Swift, Veda White, Mary Vincelli, and Linda Vochatzer.

****The Texas Department of Health (TDH) Quality Care: Client Services Standards for Public Health and Community Clinics (June 1997) is incorporated and made a part of the Ambulatory Maternity Standards.**

Text References:

American Academy of Pediatrics, The American College of Obstetricians and Gynecologists, *Guidelines for Perinatal Care*, 4th Edition, 1997.


Food Guide Pyramid – For infants: *Pediatric Nutrition Handbook*, 4th Edition from the American Academy of Pediatrics, 1998; For children: *Tips for Using the Food Guide Pyramid for Young Children 2-6 Years Old*, USDA, Program Aid 1647, March 1999, For adults: *The Food Guide Pyramid*, USDA, HGB 252, August 1992.


Danforth's *Obstetrics and Gynecology*, 8th edition. Editors Scott, DiSilva, Hammond, Spellacy. 1999 Lippincott Williams and Wilkins.

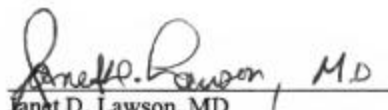
Toward Improving the Outcome of Pregnancy: The 90s and Beyond, March of Dimes Birth Defects Foundation.

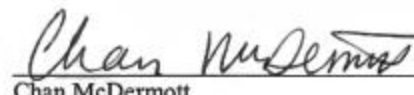
U.S. Preventive Services Task Force, *Guide to Clinical Preventive Services*, 2nd Edition, 1996.

William's Obstetrics, 21st Edition, Cunningham, Gant, Leveno, Gilstrap, Hauth, Wenstrom. 2001 McGraw-Hill.

 11/20/01
Margaret C. Mendez
Chief, Bureau of Women's Health

 11/20/01
Teena Edwards, DrPH, RN
Manager, Primary Health Care and
Title V FFS/PB Programs

 11/20/2001
Janet D. Lawson, MD
Medical Consultant, Bureau of Women's Health

 11/20/01
Chan McDermott
Coordinator, Perinatal Health System

 11/20/01
Linda Vochatzer, BSN, RN
Nurse Consultant, Perinatal Health System

CLINICAL

A. Health Record Statement:

The contractor/provider maintains a complete and accurate record of each prenatal/postpartum client's health care.

Policy:

The contractor/provider ensures a complete and legible client health record.

Procedure –	Evaluative Criteria –
All client records are arranged in a consistent chart order.	Evidence of a consistent chart format/organization.
1. The client's record includes the following appropriate documentation <ul style="list-style-type: none">a. Client identificationb. Preferred language/method of communicationc. Where and how to contact the client (to facilitate continuity of care and assure confidentiality)d. History (as detailed in B. Health and Risk Assessment)e. Physical examination (as detailed in D. Medical Evaluation)f. Results of screening, findings of physical exam and other diagnostic testsg. Assessmenth. Plan of care, including education/counseling, treatment and recommended subsequent visits and follow-upi. Referrals made and their outcome(s)j. Each entry signed and dated by the provider or designeek. Informed consent forms for services.<ul style="list-style-type: none">1. All clients and/or guardians must provide signed and witnessed consent for services initially.	<p>Evidence of complete, legible, and accurate documentation of all components.</p> <p>Allergies prominently noted on the client record.</p> <p>Documentation of an appropriate physical exam</p> <p>Documentation of recommended subsequent/follow-up visits.</p> <p>Documentation of recommendations for referrals.</p> <p>All entries are dated (month/day/year) and signed with the appropriate credentials by providers and provider designees.</p> <p>Blanks on appropriate consent form(s) are filled in, properly signed, and witnessed.</p>

<p>2. All clients must provide signed and witnessed consent for prescriptive family planning methods.</p> <p>3. All clients and/or guardians must provide signed consent for immunizations</p> <p>l. A consistent mechanism to prominently document and track health and social problems/issues to promote continuity of care.</p> <p>m. Indirect encounters, e.g. phone calls</p>	<p>Use of a problem list.</p> <p>Documentation of telephone calls, correspondence and other indirect encounters to client or to other providers re: client's care, which are properly signed and dated.</p>
--	---

CLINICAL

B. History and Risk Assessment Statement:

All prenatal/postpartum clients have a complete health and social history/risk assessment completed initially and updated at each subsequent visit.

Policy:

The contractor/provider ensures complete client health and social history/risk assessment is obtained.

<i>Procedure –</i>	<i>Evaluative Criteria –</i>
<p>The health history/risk assessment and social history/risk assessment includes the following:</p> <p>1. The medical history/risk assessment</p> <ul style="list-style-type: none">a. Chief complaintb. Current historyc. Significant past illnessd. Hospitalizations/surgeries/biopsies with datese. Medications including over the counter (OTC) as well as alternative and complementary medicinesf. Allergies, sensitivities or reactions to medicines or other substance(s)g. Family history (to include genetics)h. Gynecological historyi. Obstetrical historyj. Sexual behavior history, including family planning practicesk. Mental health history, to include depression and suicidal thoughts or gesturesl. Nutritional history/assessmentm. Immunization history/assessmentn. Occupational hazards or environmental toxin exposureo. Exercise/physical activity/assessment	<p>Evidence of health history and risk assessment (both medical and social) in the record.</p> <p>Documentation of medical history/risk assessment.</p>
<p>2. The social history/risk assessment</p> <ul style="list-style-type: none">a. Home environmentb. Tobacco/alcohol/street drugsc. Trauma/Domestic violence/abuse (physical, emotional or sexual abuse)d. Educatione. Financial resources/insurance	<p>Documentation of social history/risk assessment.</p> <p>Texas Family Code, Chapter 261 and Rider 14</p>

CLINICAL

C. Preventive Health Education/Counseling Statement:

All prenatal/postpartum clients receive preventive health education/counseling.

Policy:

The providers of medical care provide preventive education/counseling based on client's history/risk assessment and need.

<i>Procedure –</i>	<i>Evaluative Criteria –</i>
<p>All clients receives preventive health education/counseling that covers the following appropriate areas:</p> <p>1. Prenatal</p> <ul style="list-style-type: none">a. Availability of prenatal testing with risks/benefitsb. Medicaid referralc. WIC referrald. Warning signs of pregnancy appropriate to gestational agee. When and where to obtain emergency caref. Fetal movement appropriate to gestational ageg. Physical changes of pregnancy/fetal growthh. Prenatal vitamins with folic acidi. Comfort measuresj. Physical activity/exercisek. Sexual activityl. Toxoplasmosis precautions (cats/raw meat)m. Adverse environmental exposure at work and at homen. Infant feeding choices, breastfeeding should be promotedo. Preparation for labor and delivery, childbirth classesp. Signs and symptoms of preterm labor, 24-36 weeksq. Delivery arrangementsr. Braxton Hicks labor and signs and symptoms of true labors. Preparation for parenthood and arrangement for health care provider for infant health care	<p>Documentation of education provided based on health risk assessment or client need.</p> <p><i>*Documentation that each item 3 through 9 is presented at appropriate times during course of prenatal care.</i></p>

<ul style="list-style-type: none"> t. Postpartum care and postpartum depression u. Preconception counseling. 	
2. Postpartum <ul style="list-style-type: none"> a. Physiologic changes b. Signs of common complications/warning signs. c. Care of the breast, perineum and abdominal incision d. Physical activity/exercise e. Infant feeding. (Breastfeeding should be encouraged and supported) f. Resumption of sexual activity including appropriate contraception g. Preconception counseling h. Case management assessment 	Documentation in the health record. <i>*Documentation that each item 3 through 9 is presented at appropriate times during course of postpartum care.</i>
3. Newborn Care <ul style="list-style-type: none"> a. Feeding. (Breastfeeding should be encouraged and supported) b. SIDS/sleep position c. Newborn screens d. General care of infant e. Bonding f. Child health appointments/immunizations g. Normal growth and development h. Infant car seats to include installation and use 	*Documentation in the health record.
4. Nutrition <ul style="list-style-type: none"> a. Healthy diet b. Weight management c. Folic acid d. Calcium 	*Documentation in the health record.
5. Health promotion <ul style="list-style-type: none"> a. Immunizations b. Dental c. Physical activity/exercise d. Family planning e. Breastfeeding encouragement and support 	*Documentation in the health record.
6. Violence <ul style="list-style-type: none"> a. Family/domestic/trauma b. Gang 	*Documentation in the health record.

7. Injury prevention <ul style="list-style-type: none"> a. Firearms b. Car safety restraints/Infant car seats to include installation and use c. Home safety 	*Documentation in the health record.
8. Behavior <ul style="list-style-type: none"> a. Substance abuse, e.g. tobacco, alcohol, chemicals and drugs b. Safer sex practices c. Depression/Postpartum depression d. Suicide 	*Documentation in the health record.
9. Other education based on specific problems or health history/risk assessment.	*Documentation in the health record.

CLINICAL

D. Medical Evaluation (physical examination) Statement:

All prenatal/postpartum clients receive prenatal/postpartum care according to written and established guidelines.

Policy:

All initial and routine follow-up prenatal/postpartum client's are provided an appropriate physical exam, interventions, and appropriate lab according to visit.

<i>Procedure –</i>	<i>Evaluative Criteria –</i>
1. Initial Prenatal Physical Examination <ul style="list-style-type: none">a. Heightb. Weightc. Blood pressured. Fetal heart rate (>12 weeks)e. Heartf. Breast/Axillaeg. Abdomenh. Fundal height/uterine sizei. Pelvic and cervical examj. Other systems as indicated by history/risk assessment.	Health record. Documentation in the client record of an initial physical exam that includes the identified components. If the provider is using SOAP notes, each component of the exam must be documented. Observation of an initial P.E. that includes the identified components.
2. Scheduled/Routine follow-up Prenatal Physical Examination <ul style="list-style-type: none">a. Weightb. Blood Pressurec. Fetal heart rated. Fundal heighte. Fetal lie, if >30 weeksf. Other systems as indicated by history/risk assessment.	Documentation in the health record.
3. Postpartum Physical Examination <ul style="list-style-type: none">a. Weightb. Blood Pressurec. Breast/Axillaed. Abdomene. Pelvic and cervical examf. Other systems as indicated by history/risk assessment.	Documentation in the health record.

E. Laboratory tests and interventions Statement:

Policy

<i>Procedure –</i>	<i>Evaluative Criteria</i>
1. Initial Prenatal Laboratory Tests and Interventions <ol style="list-style-type: none"> CBC or hemoglobin and/or hematocrit UA Urine culture/screen if indicated Syphilis (VDRL) serology Hepatitis B Antigen (HbsAg) HIV (unless refused by client and then must be referred to anonymous testing facility) Blood type/group Rh type and antibody Rubella serology if not previously documented in chart. TB skin test (per risk) Cervix: Pap smear (if none documented within 1 year) Cervix: Gonorrhea (per risk) Cervix: Chlamydia (per risk) Genetic screening (per risk) Other lab as indicated by history/risk assessment or physical. 	<p>Documentation of laboratory tests and interventions in the health record.</p> <p>Health and Safety Code 81.090 Health and Safety Code 81.090 Health and Safety Code 81.090</p> <p>Documentation that risk was assessed.</p>

<p>2. Scheduled/Routine Laboratory Tests and Interventions</p> <p><u>Each Visit</u> UA: glucose and protein</p> <p><u>15 – 18 weeks</u> Offer MSAFP – triple markers</p> <p><u>24-28 weeks</u> a. Diabetes screen b. Hct c. GTT (if diabetes screen abnormal) d. D(rh) antibody screen for Rh negative e. D immune globulin (RhIG) (Rhogram) given at 28 weeks unless contraindicated.</p> <p><u>Other lab as indicated by history/risk assessment or physical.</u></p>	<p>Documentation of laboratory tests and interventions in the health record.</p>
<p><u>Postpartum Laboratory Tests and Interventions</u> a. Hemoglobin and/or hematocrit b. Rubella screen if not previously documented in the client record. (If nonreactive, need to immunize postpartum) c. Other lab as indicated by history/risk assessment or physical.</p>	<p>Documentation of laboratory tests and interventions in the health record.</p>